

Medication Refills and Renewals:

Call 1-800-329-8387 or (206) 277-4000.

Have your 7-digit prescription number, which is below your name on your bottle or refill slip, and your SSN#.

- Please be patient, don't hang up.

MY Healthe Vet: <http://www.myhealth.va.gov/> to view portions of your medical record, refill VA medications and more.

Narcotic Refills:

 Call (360) 419-3666

- Medication plan needs to be current
- Call two weeks before running out
- Leave name, last 4 of your SSN#, and medication name

Release of Information:

To authorize the release of your VA medical records, complete VA Form 10-5345 available online at <http://www.va.gov/vaforms/>

Completed forms may be mailed to:
VA Puget Sound Health Care,
Attn: Medical Records,
1660 S. Columbian Way,
Seattle, WA 98108
or faxed to (206) 764-2062

VA CBOC Mount Vernon

307 S. 13th St., Mount Vernon 98273

Phone: (360) 848-8500

Directions:

CBOC Mt Vernon is located across 13th Street from Skagit Valley Hospital: From Interstate 5, take the Kincaid Street Exit, #226. Go east, up the hill, and continue for four blocks. Turn left on 13th Street. Skagit Valley Hospital will be on your right and the VA CBOC Mt Vernon will be on your left, in the large medical building.

Recognize Suicide Warning Signs:

Don't delay - Call:

1-800-273-TALK (8255)



Community Based Outpatient Clinic (CBOC) Mount Vernon



Services Currently Provided:

- Primary Care
- Mental Health Services
- Nurse Services
- Pharmacist Medication Review
- Social Work Services
- Lab Services

Primary Care Goals?

- On-going coordination of your overall medical care with an assigned MD, ARNP or PA
- Health promotion activities, health screenings and immunizations
- Referral to VA specialty clinics

Nurse Advice Line:

If you are sick or just got out of the hospital and cannot wait for a routine appointment, call the VA Nurse Advice Line 24 hours a day, 7 days a week: 1-800-329-8387, Extension 72273 or (253) 583-2273

There are no emergency room or walk-in services at this clinic. If you have an emergency please dial 911.

Appointment Information:

- Please arrive 15 minutes early
- Please call (360) 848-8500 if you are unable to keep an appointment to allow another Veteran to receive care.
- Please bring: a valid ID card, list of medications, including prescribed, over the counter and herbals.
- Information from recent hospitalizations and procedures.

The VA has an approved list of medications; your VA physician may not order the exact same medication that your non-VA physician has prescribed.

- If you are requesting a prescription fill for a medication prescribed by a non-VA physician, please request that your non-VA physician provide information to your VA physician for medication review.

Enrollment Information If you are already enrolled in VA Care:

If you are a Veteran already enrolled in the VA Puget Sound Health Care System and want to transfer your care to the Mount Vernon CBOC contact:

Pat Tulip, CBOC Intake Clinic Coordinator at:
(206) 764-2547.

If you are an eligible Veteran and new to the VA Puget Sound VA Health Care System and want to enroll for health care:

- Complete an Application for Medical Benefits (10-10EZ). Forms are at www.va.gov or contact VA Puget Sound at: (206) 762-1010 Extension 6-2170
- Enrollment Questions:
General 1-800-326-8387,
Extension 76542
Co-pay questions: (206) 277-1469